Media kit



REDEFINING POSTPARTUM AND BIRTH CARE

Expert Guidance for Your Journey from Birth to Postpartum

Let us help you navigate this transformative phase with confidence and care. Book a session with us and embark on a seamless journey from birth to postpartum, knowing you're in expert hands.





We have on going collaboration and endorsement with these amazing local companies:

- JustNeeded
- DoTerra Essential oils
- National Perinatal Task Force







Kay Clinton



Birth & Postpartum Support

Influencer

Motivator



7K



2k

Followers



2K

Community

about me

Greetings! I'm Kay Clinton, the CEO and visionary behind Spiritual Garden Healing – a global movement committed to transforming postpartum and birth care in our community. We understand that becoming a parent can be overwhelming, which is why we're here to support you every step of the way. Our birth and postpartum coaching services will empower you, provide you with the necessary support, and help you transition back into the workforce with ease.